

**NEW!**

**TRI-O-PLEX** PROTEIN BARS



INTRODUCING CHEF JAY'S NEW TRI-O-PLEX  
CHOCOLATE AND YOGURT COATED PROTEIN BARS

# SKINNY DIPPED

**NEW! TRI-O-PLEX** PROTEIN BAR **ALL NATURAL**

**SKINNY DIPPED**  
CHOCOLATE PEANUT BUTTER

**31g PROTEIN**



**NEW! TRI-O-PLEX** PROTEIN BAR **ALL NATURAL**

**SKINNY DIPPED**  
GERMAN CHOCOLATE

**30g PROTEIN**

**NEW! TRI-O-PLEX** PROTEIN BAR

**SKINNY DIPPED**  
YOGURT PEANUT BUTTER

**30g PROTEIN**

VISIT OUR WEBSITE FOR MORE PRODUCT INFORMATION

[WWW.CHEFJAYS.COM](http://WWW.CHEFJAYS.COM)



**NEW!**

**TRI-O-PLEX** PROTEIN BARS

# SKINNY DIPPED

**YOUR TRUSTED SOURCE FOR DELICIOUS AND NUTRITIOUS ON THE GO SNACKS**



**ALL NATURAL**

## GERMAN CHOCOLATE

**Nutritional Facts** Serv Size: 1 Bar, (100g/3.5 oz.) Amount Per Serving: Calories 360, Fat Cal 130, Total Fat 14g (22%DV), Sat Fat 6g (30% DV), Trans Fat 0g, Cholesterol 30mg (10% DV), Sodium 170 mg (7% DV), Total Carbohydrate 39g (13%DV), Dietary Fiber 3g (12%DV), Sugars 19g, **Protein 30g**, Vitamin A 0%, Vitamin C 0%, Calcium 30%, Iron 10%. Percent Daily Values (DV) are based on a 2000 calorie diet.

**INGREDIENTS:** CJ BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, PROTEIN CRISP, MILK PROTEIN ISOLATE), CHOCOLATE COATING (SUGAR, PALM KERNEL OIL, COCOA POWDER, NONFAT MILK POWDER, WHEY POWDER, SOY LECITHIN, NATURAL VANILLA FLAVOR), FRUIT BLEND, GLYCERINE, BROWN RICE FLAKES, COCONUT, PECANS, FIBER, NATURAL FLAVOR, VITAMIN E.



**ALL NATURAL**

## CHOCOLATE PEANUT BUTTER

**Nutritional Facts** Serv Size: 1 Bar, (100g/3.5 oz.) Amount Per Serving: Calories 330, Fat Cal 140, Total Fat 16g (25%DV), Sat Fat 7g (35% DV), Trans Fat 0g, Cholesterol 20mg (7% DV), Sodium 180 mg (8% DV), Total Carbohydrate 39g (13%DV), Dietary Fiber 4g (16%DV), Sugars 19g, **Protein 31g**, Vitamin A 0%, Vitamin C 0%, Calcium 25%, Iron 10%. Percent Daily Values (DV) are based on a 2000 calorie diet.

**INGREDIENTS:** CJ BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, PROTEIN CRISP, MILK PROTEIN ISOLATE) CHOCOLATE COATING (SUGAR, PALM KERNEL OIL, COCOA POWDER, NONFAT MILK POWDER, WHEY POWDER, SOY LECITHIN, NATURAL VANILLA FLAVOR), FRUIT BLEND, PEANUT BUTTER, PEANUT FLOUR, GLYCERINE, PEANUTS, BROWN RICE FLAKES, FIBER, NATURAL FLAVOR, VITAMIN E.



**MADE WITH NATURAL INGREDIENTS**

## YOGURT PEANUT BUTTER

**Nutritional Facts** Serv Size: 1 Bar, (100g/3.5 oz.) Amount Per Serving: Calories 330, Fat Cal 140, Total Fat 15g (23%DV), Sat Fat 7g (35% DV), Trans Fat 0g, Cholesterol 20mg (7% DV), Sodium 180 mg (8% DV), Total Carbohydrate 40g (13%DV), Dietary Fiber 3g (12%DV), Sugars 20g, **Protein 30g**, Vitamin A 0%, Vitamin C 0%, Calcium 25%, Iron 8%. Percent Daily Values (DV) are based on a 2000 calorie diet.

**INGREDIENTS:** CJ BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, PROTEIN CRISP, MILK PROTEIN ISOLATE) YOGURT COATING [SUGAR, PALM KERNEL OIL, NONFAT MILK POWDER, YOGURT POWDER (CULTURED WHEY AND NONFAT MILK), TITANIUM DIOXIDE, LACTIC ACID, SOY LECITHIN, VANILLIN AND FLAVOR], FRUIT BLEND, PEANUT BUTTER, PEANUT FLOUR, GLYCERINE, PEANUTS, BROWN RICE FLAKES, FIBER, NATURAL FLAVOR, VITAMIN E.

**Allergy Statement.** Contains Egg, Corn, Dairy and Soy!

Manufactured on equipment that processes various egg, corn, milk, wheat, nut, soy and seed ingredients.

*After cooking for the hotels of Las Vegas, I bought a little muffin shop and started to provide the health clubs of Las Vegas with healthy style bakery goods. One item was a health bar made of oats, raisins and honey. Soon I started getting calls from people outside the Las Vegas area who wanted me to ship them my "delicious bars". I have since devoted my life to producing the best tasting, healthiest products available. I still make them myself (with some help from my team) in the heart of Las Vegas although I have since moved out of that 700 sq ft muffin shop and into that dream kitchen I have always wanted. I hope you enjoy eating them as much as I enjoy making them.*



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- Chef Jay