

TRI-O-PLEX ORIGINAL BAR

CHOCOLATE COCONUT

Nutritional Facts Serv Size: 1 Bar (118g/4.2oz.) Amount Per Serving: Calories 430, Fat Cal 130, Total Fat 15g (23%DV), Sat Fat 4g (20%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 102mg (4%DV), Potassium 170mg (5%DV), Total Carbohydrate 45g (15%DV), Fiber 4g (16%DV), Sugars 16g, **Protein 30g**, Calcium 60mg (6%DV), Iron 3mg (20%DV), Vitamin E .4 IU (2%DV), Folic Acid 15 ug (4%DV), B12 15ug (18%DV), Phosphorous 60mg (9%DV), Magnesium 72mg (23%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

SMORES

Nutritional Facts Serv Size: 1 Bar (118g/4.2oz.) Amount Per Serving: Calories 420, Fat Calories 140, Total Fat 16g (25%DV), Sat Fat 3g (16%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 102mg (3%DV), Total Carbohydrate 46g (15%DV), Fiber 3g (12%DV), Sugars 16g, **Protein 30g**, Calcium 60mg (6%DV), Iron 3mg (20%DV), Vitamin E .4 IU (2%DV), Folic Acid 15ug (4%DV), B12 15ug (18%DV), Phosphorous 60mg (9%DV), Magnesium 72mg (23%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

CARAMEL APPLE

Nutritional Facts Serv Size: 1 Bar (118g/4.2oz.) Amount Per Serving: Calories 430, Fat Cal 140, Total Fat 16g (25%DV), Sat Fat 4.5g (22%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 102mg (3%DV), Total Carbohydrate 46g (15%DV), Fiber 3g (12%DV), Sugars 16g, **Protein 30g**, Calcium 60mg (6%DV), Iron 3mg (20%DV), Vitamin E .4 IU (2%DV), Folic Acid 15 ug (4%DV), on a 2,000 calorie diet.

PEANUT BUTTER CHOC CHIP

Nutritional Facts Serv Size: 1 Bar (118g/4.2oz.) Amount Per Serving: Calories 420, Fat Cal 140, Total Fat 16g (25%DV), Sat Fat 3g (16%DV), Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 275mg (8%DV), Total Carbohydrate 45g (15%DV), Fiber 6g (24%DV), Sugars 16g, **Protein 30g**, Calcium 60mg (6%DV), Iron 3mg (2%DV), Vitamin E .4 IU (2%DV), Niacin 3mg (12%DV), Folic Acid 15ug (4%DV), B12 15ug (18%DV), Phosphorous 115mg (16%DV), Magnesium 36mg (12%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

TRI-O-PLEX DUO

PEANUT BUTTER AND JELLY SANDWICH

Nutritional Facts Serv Size: 1 Bar (100g/3.5oz.) Amount Per Serving: Calories 359, Fat Cal 99, Total Fat 11g (18%DV), Sat Fat 2g (12%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 102mg (3%DV), Total Carbohydrates 41g (14%DV), Fiber 4g (16%DV), Sugars 16g, **Protein 24g** (43%DV), Calcium 60mg (6%DV), Iron 3mg (2%DV), Vitamin E .4 IU (2%DV), Folic Acid 15 ug (4%DV), B12 15 ug (18%DV), Phosphorous 60mg (9%DV), Magnesium 72mg (23%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

BURSTING PEANUT BUTTER

Nutritional Facts Serv Size: 1 Bar (100g/3.5oz.) Amount Per Serving: Calories 298, Fat Cal 90, Total Fat 10g (15%DV), Sat Fat 3g (16%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 275mg (8%DV), Total Carbohydrate 26g (9%DV), Fiber 6g (24%DV), Sugars 13g, **Protein 26g** (46%DV), Calcium 60mg (6%DV), Iron 3mg (2%DV), Vitamin E .4 IU (2%DV), Niacin 3mg (12%DV), Folic Acid 15 ug (4%DV), B12 15ug (18%DV), Phosphorous 115mg (16%DV), Magnesium 36mg (12%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

TRI-O-PLEX DUO

CARAMEL PEANUT BUTTER

Nutritional Facts Serv Size: 1 Bar (100g/3.5oz.) Amount Per Serving: Calories 340, Fat Cal 72, Total Fat 8g (12%DV), Sat Fat 2g (12%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Potassium 102mg (3%DV), Total Carbohydrate 45g (15%DV), Fiber 4g (16%DV), Sugars 21g, **Protein 22g** (43%DV), Calcium 60mg (6%DV), Iron 3mg (2%DV), Vitamin E .4 IU (2%DV), Niacin 3mg (12%DV), Folic Acid 15 ug (4%DV), B12 15ug (18%DV), Phosphorous 60mg (9%DV), Magnesium 72mg (23%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

TRI-O-PLEX[®]

THE ORIGINAL WHOLE GRAIN PROTEIN BAR

22g PROTEIN

TRI-O-PLEX[®]

DUO

CARAMEL PEANUT BUTTER



FILLED CENTER

PROTEIN BAR

TRI-O-PLEX[®] DUO TWICE THE FLAVOR www.chefjays.com



NET WT.
3.5 OZ (100g)

Chef Jay's
FOOD PRODUCTS

SEE MORE FLAVORS AT WWW.TRIOPLEX.COM

TRI-O-PLEX

www.trioplex.com
866.869.5226